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BEHAVIORAL HEALTHCARE  
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Antipsychotics can play a role in treating psychiatric disorders. They can ease symptoms and improve the quality of your life. Antipsychotics can also have many side effects, and can raise the chance of developing the “bad” type of cholesterol and diabetes. To monitor possible side effects, your doctor may suggest having your weight, sugar levels and cholesterol levels checked regularly.



### What is a blood glucose test?

- A blood glucose test measures the level of sugar in the blood after fasting. For at least eight hours prior to the test, you can't eat or drink anything.
- It's one of the commonly used tests to diagnose prediabetes and diabetes.
- The higher your blood sugar level, the higher your risk for having complications.
- Ask your doctor what your blood sugar level should be.



### What is an HbA1c test?

- A blood test that measures your average blood sugar levels for the past three months.
- It's one of the commonly used tests to diagnose prediabetes and diabetes.
- It should be checked every three to six months.
- The higher your A1c, the higher your risk for having complications.
- Ask your doctor what your A1c goal should be.

## Antipsychotics

What you Should Know

Behavioral Healthcare Options, Inc.





## What is a cholesterol test?

- A blood test that measures the four types of fats in your blood:
  - Total cholesterol: This is the amount of cholesterol in your blood.
  - “Bad” cholesterol: Low-density lipoprotein, or LDL. Too much raises your risk of heart attack or stroke.
  - “Good” cholesterol: High-density lipoprotein, or HDL. This helps remove the “bad” cholesterol from your blood.
  - Triglycerides: A type of fat in your blood. Lower is better.
- It’s a test used to determine your risk of developing heart disease.
- Ask your doctor what your cholesterol levels should be.



## What is a low-density lipoprotein cholesterol (LDL-C) test?

- A blood test that calculates the amount of “bad” cholesterol in your blood.
- It’s a test used to determine your risk of developing heart disease.



## Goal of screening and monitoring

Regular testing is important for staying healthy. Early identification can significantly reduce your risk of developing diabetes and heart disease. Contact your doctor today about getting a lab order. You might be able to have the tests completed in your doctor’s office or at a nearby Quest Diagnostics center.

If you are experiencing a life-threatening emergency, please call 911 or go to the nearest emergency room.

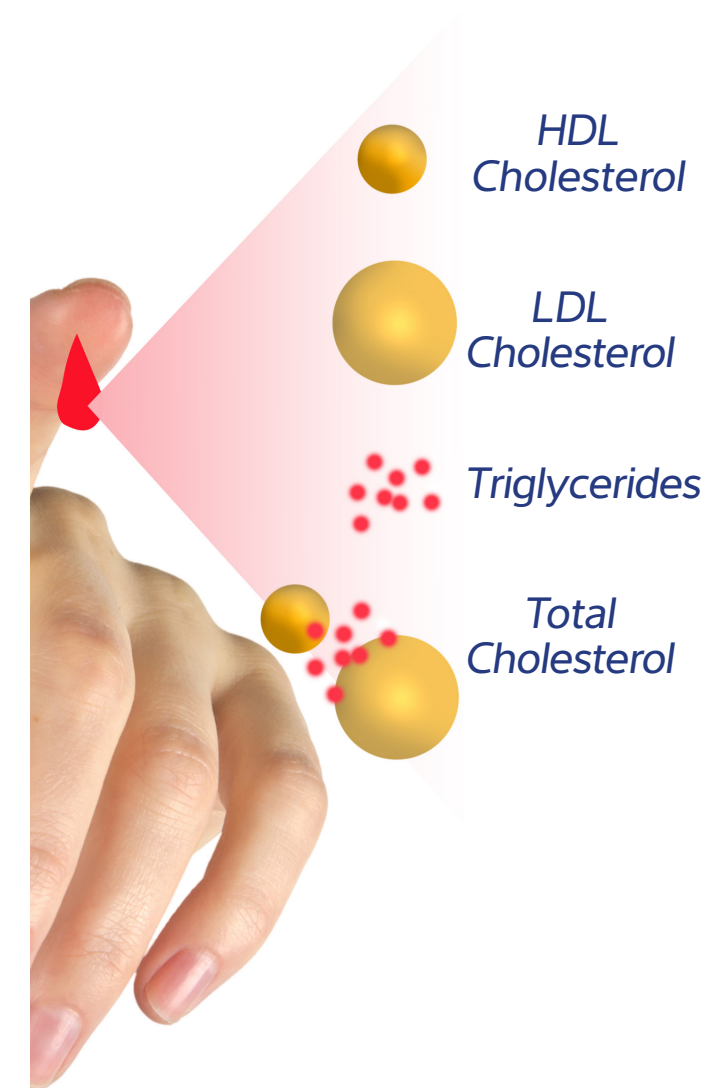


## Antipsychotic Medications

These drugs are primarily used to manage symptoms of psychosis, but they are also used to treat mood swings (depression and mania), as well as severe anxiety.

	Brand Name	Generic Name
Atypical Antipsychotics	Abilify®	Aripiprazole
	Abilify Maintena®	Aristada injection
	Clozaril®	Clozapine
	Fanapt®	Iloperidone
	Geodon®	Ziprasidone
	Invega®	Paliperidone
	Invega Sustenna®	Paliperidone injection
	Latuda®	Lurasidone
	Rexulti®	Brexipiprazole
	Risperdal®, Risperdal M-Tab®	Risperidone
	Saphris®	Asenapine
	Seroquel®, Seroquel XR®	Quetiapine
	Vraylar®	Cariprazine
	Zyprexa®, Zyprexa Relprevv®, Zypexa Zydys®	Olanzapine
Typical Antipsychotics	Compazine®	Prochlorperazine
	Haldol®	Haloperidol
	Loxatane, Adasuve®	Loxapine
	Moban®	Molindone
	Navane®	Thiothixene
	Prolixin®	Fluphenazine

## Lipid Profile



To schedule an appointment at Quest Diagnostics, please call 1-866-697-8378 or visit [appointment.questdiagnostics.com](https://appointment.questdiagnostics.com)